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Agency	Hours of Operation	Requirements/Information	SPA
Penny Lane Center- Yellow Submarine- TAY Drop In 43520 Division St. Lancaster, CA 93535 (661) 266-4783	Tuesday-Friday 1pm-7pm Saturday 8am-8pm	<ul> <li>For ages 15-25</li> <li>The Center provides case management, therapy, psychiatry services</li> <li>Employment assistance</li> <li>Showers, meals, and laundromat services</li> <li>Housing Supported Services Program (HSSP)</li> </ul>	1
The Children's Center of the Antelope Valley 45111 Fern Ave. Lancaster, CA 93535 (661) 949-1206	Monday-Sunday 9am-6pm	<ul> <li>For ages 15-25</li> <li>The Center provides case management</li> <li>Employment assistance</li> <li>Showers, meals, and laundromat services</li> <li>Housing Supported Services Program (HSSP)</li> </ul>	1
Hope of the Valley North Hollywood Navigation Center 11839 Sherman Way North Hollywood, CA 91605 (818) 301-7988	Monday-Friday 8am-3pm Saturday 8am-1pm (Storage only)	<ul> <li>Must be a San Fernando Valley (SPA 2) resident</li> <li>The Center provides case management, community referrals, showers, and storage</li> <li>Employment assistance</li> <li>Shower supplies will be provided.</li> <li>Takes walk-ins</li> </ul>	2
Hope of the Valley The HELP Center 6425 Tyrone Ave. Van Nuys, CA 91401 (818) 804-5507	Monday -Friday 8am - 3pm	<ul> <li>Pet friendly</li> <li>Shelter referrals</li> <li>Showers with hygiene products available</li> <li>For single men and single women</li> </ul>	2
The Village Family Services TAY Drop In 6801 Coldwater Canyon Ave. North Hollywood, CA 91605 (818) 738-7327	Monday-Saturday 9am-5pm Sunday 9:30am-1:30pm	<ul> <li>For ages 16-25</li> <li>Center provides housing referrals, employment assistance, and education assistance</li> <li>Meals, showers, and laundry services.</li> <li>For more information, please visit: <a href="https://thevillagefs.org/for-youth/">https://thevillagefs.org/for-youth/</a></li> </ul>	2



		LOS ANGELES	1
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All Saints Episcopal Church 132 North Eculid Ave. Pasadena, CA 91101	Monday 9am-1pm	<ul> <li>Showers available</li> <li>To view more dates and locations, please visit: theshowerofhope.org/resources/</li> </ul>	2
YMO Peer Resource Center - Hillsides 456 East Orange Grove Blvd. Suite 140 Pasadena, CA 91104 (626) 765-6010	Monday, Friday 9am-6pm Tuesday, Thursday 10:30am-8pm Wednesday 10:30am-6pm	<ul> <li>For ages 16-25</li> <li>Center provides hygiene kits, referrals for education, employment assistance, and case management</li> <li>Housing assistance for ages 18 - 25</li> <li>Provides meals and laundry services</li> <li>Food, clothing, and showers</li> </ul>	3
Downtown Women's Day Center 442 South San Pedro St. Los Angeles, CA 90013 (213) 680-0600	Monday-Sunday 7:30am-3pm Thursday 7:30am-12pm	First come, first serve  Services for women only For intakes, arrive before 9am to attend orientation on Monday, Wednesday or Saturdays Center provides private bathrooms, showers, access to phone calls, computers, a secure mailing address, meals and clothing Picture ID is optional For more information, please visit: downtownwomenscenter.org/get-help/	4
St. Francis Center 1835 South Hope St. Los Angeles, CA 90015 (213) 747-5347	Office hours: Monday-Friday 7am-3pm Shower hours: Fridays 6am-7:30am	<ul> <li>Center provides access to shower rooms, hygiene kits, toiletries, undergarments, and case management</li> <li>Laundry services</li> <li>For the Food Pantry program, participants must register online or call the center</li> <li>For case management, please provide proof of income and a picture ID</li> <li>Register at www.sfcla.org</li> </ul>	4
Shower of Hope Durant Branch Library 7140 Sunset Blvd. Los Angeles, CA 90046	Friday 7:45am-12:30pm	Showers and hygiene kits available	4



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Showers Of Hope - Lincoln Park 3837 Selig Pl. Los Angeles, CA 90033 theshowerofhope.org	Sunday 9am-1pm	<ul> <li>Showers available</li> <li>To view more dates and locations, please visit: theshowerofhope.org/resources/</li> </ul>	4
Showers Of Hope - Clinica Romero Boyle Heights 2032 Marengo St. Los Angeles, CA 90033 theshowerofhope.org	Friday 8:30am-1:30pm	<ul> <li>Showers, meals, and clothing available</li> <li>Navigation Center</li> <li>To view more dates and locations, please visit: theshowerofhope.org/resources/</li> </ul>	4
Showers Of Hope - Hollenbeck Park 415 South Louis St. Los Angeles, CA 90033 theshowerofhope.org	Tuesday 9am-1pm	<ul> <li>Showers available</li> <li>To view more dates and locations, please visit:</li> <li>theshowerofhope.org/resources/</li> </ul>	4
The People's Concern Annenberg 503 Olympic Blvd. Santa Monica, CA 90401 (310) 450-4050	Monday-Friday 9am-5pm Tuesday 1pm-5pm  Center is closed every first & second Wednesday of the month	<ul> <li>Center provides clothing, meals, mail, phone services, mental health, family reunification, and counseling</li> <li>On-site medical care, dental, and vision</li> </ul>	5
The People's Concern Shwashlock 505 Olympic Blvd. Santa Monica, CA 90401 (310) 450-4050	Monday- Friday 8am-12pm 1pm-4pm  Saturday-Sunday 8am-12pm  Center is closed every first & second Wednesday of the month	<ul> <li>Must qualify for services</li> <li>Center provides showers, washers, and lockers</li> <li>Center provides two meals a day at 9am-12pm and 3pm</li> <li>Project Homecoming- must provide a valid picture ID</li> <li>Last sign up for shower is at 3pm</li> <li>Laundry</li> </ul>	5
Shower of Hope - Ephesus 7 <sup>th</sup> Day Adventist 7005 Western Ave. Los Angeles, CA 90047 theshowerofhope.org	Monday 10am-2pm	<ul> <li>Showers, meals, and clothing available</li> <li>To view more dates and locations, please visit: <u>theshowerofhope.org/resources/</u></li> </ul>	6



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Penny Lane Centers - Yellow Submarine TAY Drop In 5628 East Slauson Ave. Commerce, CA 90040 (323) 318-9960	Tuesday-Friday 1pm-7pm Saturday 8am-8pm	<ul> <li>For men and women ages 16 - 25</li> <li>Center provides case management, community referrals, and education assistance</li> <li>Employment assistance</li> <li>Showers, meals, and laundromat services</li> <li>Grocery donations every wednesday</li> </ul>	7
Showers Of Hope - City of Downey 22427 Norwalk Blvd. Hawaiin Gardens, CA 90716 theshowerofhope.org	Tuesday 9am-1pm	<ul> <li>Showers, meals, and clothing available</li> <li>Navigation Center</li> <li>To view more dates and locations, please visit: theshowerofhope.org/resources/</li> </ul>	7
Long Beach Multi-Service Center 1301 West 12 <sup>th</sup> St. Long Beach, CA 90813 (562) 570-4500	Monday, Tuesday, Wednesday, Friday 8am-4pm Closed for lunch from 12pm-1pm	First come, first serve basis  • Please arrive early, initial sign up begins at 8am  • For men and women  • Center provides case management, showers, hygiene products, and community referrals  • On-site medical clinic	8
Shower of Hope - St. Margaret's Center 10217 South Inglewood Ave. Inglewood, CA 90304 theshowerofhope.org	Monday 9am-2pm	<ul> <li>Showers, haircuts, and meals available</li> <li>Navigation Center</li> <li>To view more dates and locations, please visit: theshowerofhope.org/resources/</li> </ul>	8