

## **SERVICES & PROGRAMS**

SHIELDS was incorporated in 1991 in response to the high incidence of infants born prenatally exposed to drugs in South Central Los Angeles. Our services have grown to provide over 30 comprehensive, family-centered, wrap-around programs addressing issues facing high-risk families in South LA.

## COMMUNITY, FAMILY, & BEHAVIORAL HEALTH

### **SERVICES**

#### Family Services

SHIELDS knows that the early years of life are among the most critical and most vulnerable for a child—a time when a child needs stability and family support. SHIELDS provides a variety of programs for high-risk pregnant and interconceptional women and their children. Services provided include culturally competent primary medical and behavioral health services, outreach, enrollment in health insurance, case management, health education and promotion, interconceptional care, screening for a wide variety of maternal and child health conditions, process groups, and linkage and referral.

#### Child Welfare Services

SHIELDS knows that child abuse is preventable. That is why we are participating in county-wide initiatives to reduce the incidence of child abuse and neglect, and are currently contracted with the Los Angeles County Department of Children and Family Services to provide a full continuum of child welfare programs. A full continuum of services is offered on-site and through linkage including six (6) Family Resource centers strategically located across the service area, home-based case management, counseling, crisis intervention, education on health and life skills, concrete support services, intensive services, social support, child development center and early childhood education, psychotherapy and capacity building.

#### Community Services

SHIELDS' Community Services are designed to address a broad spectrum of factors that affect the economic stability and well-being of residents of the South Los Angeles community. Services provided include adult vocational and educational training; housing search, location, and placement services; re-entry services, and DUI, anger management, and domestic violence services.

#### Mental Health Services

At SHIELDS, we help build healthy minds, bodies and souls. Poor behavioral health and poverty are inextricably linked: People living in poverty are more likely to suffer from poor mental health, and people with behavioral health problems are more likely to slide into poverty. And the number of children experiencing behavioral health problems —especially immigrant children—is on the rise. That is why we offer the community a comprehensive lineup of assessment, substance use disorder treatment, and mental health services in both English and Spanish.

#### Substance Use Disorder Services

SHIELDS has offered a comprehensive continuum of substance use disorder treatment services since inception in 1991. Our programs offer a full continuum of treatment modalities, including early intervention, outpatient, day treatment, and Drug Court. All modalities offer a range of services that include: individual, group and family counseling; educational classes on life skills, parenting, HIV/AIDS, alcohol and drugs, and health and nutrition; vocational training and job placement; basic skills and high school education; support and 12 step groups; individual therapy, group therapy on trauma, grief and loss, and domestic violence; relapse prevention and Lifetime Aftercare. All treatment programs are certified by the State of California, and SHIELDS is certified to provide Drug Medi-Cal services in 3 locations.

### **CONTACT US**

SHIELDS for Families / 11601 S. Western Ave / Los Angeles / CA 90047 323-242-5000 / info@shieldsforfamilies.org / shieldsforfamilies.org

#### **PROGRAMS**

- Welcome Baby
- Parents as Teachers<sup>®</sup>
- Healthy Families America ®
- Healthy Start
- Child Development Center
- CalHOPE Program
- Family Preservation
- MAT (Multidisciplinary Assessment Team)
- Fatherhood
- Place of Family
- Jericho Vocational Services Center
- ASK
- Housing
- Place of Family
- Adult Mental Health
- Birth-Five
- · Children's Mental Health
- School-Linked
- Juvenile Justice
- Specialty
- · Genesis-Perinatal
  - Heros & Sheros-Serves children or adolescent whose parents are enrolled.
- ARK- Outpatient
- Revelation-Co-Occurring
- Place of Family Diversion









# FAMILY SERVICES

#### **PROGRAMS**

Welcome Baby

SHIELDS' Welcome Baby program serves pregnant and parenting women and their children ages 0-5. The program is available at no cost to South Los Angeles families who deliver or plan to deliver at one of 3 participating Welcome Baby hospitals, including St. Francis Medical Center, Centinela Hospital, and Martin Luther King Community Hospital.

Parents as Teachers<sup>®</sup> (PAT)

SHIELDS' PAT Program is an early childhood parent education and family support program serving families from pregnancy up to the child's 5th birthday or enrollment in kindergarten.

• Healthy Families America® (HFA)

SHIELDS' HFA Program is designed to work with families who are at-risk for child abuse and neglect and other adverse childhood experiences from pregnancy up to the child's 5th birthday.

Healthy Start

SHIELDS' Healthy Start program serves pregnant and inter-conceptional women and their children ages 0-18 months who reside in the South Los Angeles community.

Child Development Center

SHIELDS' Child Development Centers provide services to children 0-5 years of age, and their parents enrolled in a SHIELDS program.

CalHOPE Program

California HOPE (CalHOPE) support services include home visits, case management, parenting classes, domestic violence classes, anger management classes, Fatherhood programming, peer-to-peer groups, and community events.











## **SERVICES**

Program services include:

- · Intensive case management
- · In-home services
- · Resource linkages
- Bonding/attachment
- Breastfeeding support and education
- Post-partum mental health assessment
- Child development screenings
- Health and safety education
- · Process groups

#### **PARTNERS**

- Baby 2 Baby
- · LA Best Babies Network
- Good+Foundation
- Best Start

#### **FUNDERS**

First 5 LA, DPSS Cal Works, LA County Department of Mental Health, California Department of Healthcare Services (DHCS), and California Home Visitation Program provide funding and support for SHIELDS family services programs and informational materials.

#### **ABOUT US**

SHIELDS was incorporated in 1991 in response to the high incidence of infants born prenatally exposed to drugs in South Central Los Angeles. Our services have grown to provide over 30 comprehensive, family-centered, wrap-around programs addressing issues facing high-risk families in South LA.

#### **CONTACT US**

SHIELDS for Families 11601 S. Western Ave Los Angeles, CA 90047

323-242-5000

info@shieldsforfamilies.org shieldsforfamilies.org





#### PROGRAM OVFRVIFW

SHIELDS will provide culturally proficient, emotional, and crisis support to affected individuals, families, and communities throughout Los Angeles who have been impacted by COVID-19 or other life stressors. Services will take place in the home, office, and community throughout Los Angeles. Groups will cover topics such as Parenting, Domestic Violence, Anger Management, Fatherhood, Teens, Substance Abuse, Family Dynamics, Child Development Needs, Self-Care, Stress Management, and Coping Skills; via in-person and on Zoom. Supportive Counseling Services will be provided to meet the individual/families unique needs and concerns.



#### **SERVICES**

Program services include:

- Non-Clinical Counseling
- Support Services
- Group Sessions
- Family Events
- Linkage to Resources: Housing, Food, Transportation

#### **CONTACT US**

SHIELDS for Families 600 Alameda Street Compton, CA 90221

Megan Miller, LMFT110593-Family Services Administrator 323.242.5000 / 310.413.4630 calhopereferrals@shieldsforfamilies.org shieldsforfamilies.org

## **ABOUT US**

SHIELDS was incorporated in 1991 in response to the high incidence of infants born prenatally exposed to drugs in South Central Los Angeles. Our services have grown to provide over 30 comprehensive, family-centered, wrap-around programs addressing issues facing high-risk families in South LA.

#### **FUNDERS**

The California Department of Healthcare Services (DHCS) provides funding for SHIELDS Family and Community Services.

#### **PARTNERS**

The California Mental Health Services Authority (CalMHSA)

SHIELDS for Families is an equal opportunity employer and does not discriminate on the basis of actual or perceived race, color, religion (religious dress or grooming practices), national origin (including language), ancestry, age (over 40), sex (including pregnancy, childbirth, breastfeeding or related medical conditions), gender identity or expression, physical disability, mental disability, medical condition (cancer related or genetic characteristics) genetic information, marital status, sexual orientation or preference, domestic partner status, veteran or military status, in accordance with requirements of federal and state laws.



# CHILD WELFARE SERVICES

### **PROGRAMS**

• Family Preservation

SHIELDS' Compton Family Preservation Network provides both Family Preservation and Alternative Response services to families at-risk for child abuse and neglect.

- MAT (Multidisciplinary Assessment Team)
  - SHIELDS' MAT provides services to families and children ages 0-21 who are involved with the Department of Children and Family Services (DCFS).
- Fatherhood

SHIELDS' Fatherhood program provides fathers and father-figures with groups, support, and linkages to SHIELDS services. Fathers learn parenting tools, receive family resources, and develop a community with other fathers enrolled in the program.





#### **SERVICES**

Program services include:

- · Case management
- Groups and classes
- Teaching and demonstration
- Child development
- Fatherhood groups, classes, and resources
- In-home outreach counseling
- · Auxiliary and discretionary funds
- Individual and family counseling
- · Linkages to resources

#### **PARTNERS**

- Para Los Niños
- Drew Child Development
- Personal Involvement Center

#### **FUNDERS**

The LA County Department of Child and Family Services and the LA County Department of Mental Health provide funding for SHIELDS child welfare services and informational materials.

## **ABOUT US**

SHIELDS was incorporated in 1991 in response to the high incidence of infants born prenatally exposed to drugs in South Central Los Angeles. Our services have grown to provide over 30 comprehensive, family-centered, wrap-around programs addressing issues facing high-risk families in South LA.

#### **CONTACT US**

SHIELDS for Families 11601 S. Western Ave Los Angeles, CA 90047

323-242-5000 info@shieldsforfamilies.org shieldsforfamilies.org



# **COMMUNITY SERVICES**

#### **PROGRAMS**

Jericho Vocational Services Center

The Jericho Vocational Services Center (JVSC) utilizes a "one-stop" model for providing vocational and educational training, mentoring, case management, supportive and linkage services to create successful transitions to employment and career pathways.

ASK

SHIELDS' ASK program navigators connect families to resources within their area including mental health, food resources, parenting, domestic violence, anger management classes, vocational services, prenatal programs, and other services.

Housing

SHIELDS' Housing services assist the homeless population/unaccompanied men/women and Families with emergency shelters, food, clothing, transportation, temporary rent subsidy, and permanent housing leads/placements.

Place of Family

SHIELDS' Place of Family Program provides DUI, DV, and Anger Management Educational Services to individuals who are court-ordered to participate in diversion programs. Referrals are accepted from the Los Angeles Superior and Municipal Courts, Juvenile Dependency Court, the Los Angeles County Probation Department, the Department of Children and Family Services (DCFS), the California Department of Corrections and out-of-state entities.

#### **SERVICES**

Program services include:

- · Case management
- Groups and classes
- Teaching and demonstration
- · Child development
- Fatherhood groups, classes, and resources
- In-home outreach counseling
- Auxiliary and discretionary funds
- Individual and family counseling
- Linkages to resources

#### **PARTNERS**

- Para Los Niños
- Drew Child Development
- Personal Involvement Center







#### **FUNDERS**

The LA County Department of Child and Family Services and the LA County Department of Mental Health provide funding for SHIELDS child welfare services and informational materials.

### **ABOUT US**

SHIELDS was incorporated in 1991 in response to the high incidence of infants born prenatally exposed to drugs in South Central Los Angeles. Our services have grown to provide over 30 comprehensive, family-centered, wrap-around programs addressing issues facing high-risk families in South LA.

## **CONTACT US**

SHIELDS for Families 11601 S. Western Ave Los Angeles, CA 90047

323-242-5000 info@shieldsforfamilies.org shieldsforfamilies.org



# JERICHO VOCATIONAL SERVICES CENTER

## PROGRAM OVERVIEW

The Jericho Vocational Services Center (JVSC) utilizes a "one-stop" model for providing vocational and educational training, mentoring, case management, supportive and linkage services to create successful transitions to employment and career pathways.

## **SERVICES**

#### Program services include:

- Employment Preparation/ Placement
- Vocational Certification Training
- Job Readiness Workshops
- High School Education
- Case Management
- · Other Supportive Services

#### Additional services:

- Food Bank available Thursday 10AM-2PM.
- Economic Development
- Re-entry Intensive Case Management Services (RICMS) available for criminal justice Impacted individuals returning to the South Los Angeles Community

#### **PARTNERS**

- Five Keys Charter School
- International Brotherhood of Teamsters
- Heidi Duckler Dance
- Creation World Safety
- Career Expansion
- Los Angeles Regional Food Bank



## **ABOUT US**

Since 1997, SHIELDS has provided skills training, job experience opportunities, job search services, and employment services through the Jericho Vocational Services Center (JVSC), in concert with numerous County and community partner agencies, to spa 6 residents as well as those returning to the community from the criminal justice system.

## **CONTACT US**

SHIELDS JVSC 11705 Deputy Yamamoto PI Suite A Lynwood, CA 90262

310-424-3305 Direct Line / 323-242-5000 Ext 3300 JVSC@shieldsforfamilies.org shieldsforfamilies.org



# HOUSING SERVICES

#### PROGRAM OVERVIEW

#### Time Limited Subsidy

Time Limited Subsidy services help families and individuals living on the streets or in emergency shelters. SHIELDS helps participants overcome practical and immediate challenges to obtaining permanent housing while reducing the amount of time they experience homelessness, avoiding a near-term return to homelessness, and linking to community resources that enable them to achieve housing stability in the long term.

#### Family Solution Center

FSC is a collaboration that exists to assist homeless families in obtaining mental health, employment, and permanent housing.

#### Coordinated Entry System

CES is an online portal Los Angeles County agencies use to provide participants with broader access to homeless services.

## **SERVICES**

Program services include:

- · Case management
- Housing Identification
- Permanent Housing Leads/Placements
- · Shelter Resources
- Diversion
- · Temporary Rent Subsidy
- Eviction Prevention

#### **PARTNERS**

- HOPICS
- WLCAC
- Upward Bound House
- SCHARP
- PATH
- 1736 Crisis Family Housing



## **FUNDERS**

- LAHSA
- County Agencies & City Agencies
- United Way

## **CONTACT US**

SHIELDS

600 N. Alameda St. Compton, CA 90221

323.242.5000 Ext 1209

tlshousing@shieldsforfamilies.org www.shieldsforfamilies.org



## BEHAVIORAL HEALTH SERVICES

# MENTAL HEALTH SERVICES

## **PROGRAMS**

#### Adult Mental Health

Adult Mental Health provides behavioral health services to single adults or adult parents involved in a SHIELDS program. SHIELDS offers behavioral health as a component of the SUD services, family services, and child welfare services we offer. Additionally, SHIELDS enrolls walk-ins or those referred by the community /DPSS-referred individuals 18 and over who are experiencing mental health barriers to employment and financial stability (CALWORKS.)

#### Birth-Five

SHIELDS' Birth- Five program provides a full range of mental health services by SHIELDS' clinicians specifically trained to work with this population. Our clinicians are trained in Child-Parent Psychotherapy, Parent-Child Interaction Therapy, and participate in ongoing Birth – Five research.

Services are integrated into a variety of other programs, including Healthy Start, Welcome Baby, Home Visitation, and SHIELDS Substance Abuse Treatment programs through our Child Development Centers.

#### Children's Mental Health

SHIELDS' Children's Mental Health serves community-based referrals for youth 5-18yrs old. Clinicians provide individual, family, group mental health services. Children's Mental Health clinicians also provide direct services through our partnerships with schools listed under our School-Linked program.

#### School-Linked

SHIELDS provides therapists and case managers to Los Angeles Education Corps (College Bridge Academy), Compton Unified School District, Lynwood Unified School District, Los Angeles Unified School District, Paramount Unified School District, The Archdiocese of Los Angeles Department of Education. School-linked staff provide classroom intervention and observation, individual therapy, group therapy, family therapy, targeted case management, and after-school programming.

#### Juvenile Justice

Juvenile Justice behavioral health services focus on children and youth involved, previously involved, or at risk of involvement with the Los Angeles County Juvenile Justice system. SHIELDS uses Multi-Systemic Therapy and Functional Family Therapy models. Youth enrolled in Juvenile Justice may also receive services from our Revelations program. SHIELDS also provides a Day Reporting Center for Probation-referred youth.

#### Specialty

The Behavioral Health Division provides services through the South Central Los Angeles Regional Center; SCLARC is a comprehensive resource for evaluation, diagnosis, treatment, advocacy, and support for people diagnosed with developmental disabilities. SHIELDS also provides Assisted Outpatient Treatment (AOT) for individuals with a severe mental illness. Finally, SHIELDS provides behavioral health services through CalWORKS.



#### **PARTNERS**

- Partnering schools listed under "School-Linked"
- Free Arts
- Claris Health
- The Change Reaction
- · School on Wheels
- · Geri Smiles
- Vision to Learn

### **FUNDERS**

LA County Department of Mental Health, LA County Department of Developmental Services, LA County Department of Probation, LA County Department of Substance Abuse Prevention and Control, and Specialty Family Foundation provide funding for behavioral health services and informational materials.

### **CONTACT US**

SHIELDS for Families 11601 S. Western Ave Los Angeles, CA 90047 323-242-5000 info@shieldsforfamilies.org shieldsforfamilies.org



## BEHAVIORAL HEALTH SERVICES

# COLLEGE BRIDGE ACADEMY

#### **PROGRAM**

College Bridge Academy (CBA)

CBA is a charter high school model designed to merge mental health and supportive services with academic excellence in order to assist students in reaching their long-term goals. CBA offers on-site mental health and case management services to each student as well as project-based learning that allows students to actively participate in their high school education.

CBA has a unique three-semester academic schedule that allows students to complete their high school education requirements quickly while still ensuring that each student is eligible to attend a 4-year university after graduation. CBA boasts small class sizes and promotes a family-centered atmosphere at each location that prides itself on alternative disciplinary practices and ensuring that each students' basic needs are met. CBA targets youth who are currently system involved or at a greater risk of becoming system involved in the future.



Program services include:

- Therapy (Individual, Group, and Family) Case management
- Life skills education
- College preparation
- Substance Abuse Prevention
- Health screenings through Claris
- On-Site Dental and Vision Screenings

#### **CAMPUSES**

- CBA Compton
  15116 S. Gibson Ave.
  Compton, CA 90221
- CBA Watts
  9702 Holmes Ave.
  Los Angeles, CA 90002
- CBA Inglewood 2301 West Imperial Hwy Inglewood, CA 90303





SHIELDS for Families is an equal opportunity employer and does not discriminate on the basis of actual or perceived race, color, religion (religious dress or grooming practices), national origin (including language), ancestry, age (over 40), sex (including pregnancy, childbirth, breastfeeding or related medical conditions), gender identity or expression, physical disability, mental disability, medical condition (cancer related or genetic characteristics) genetic information, marital status, sexual orientation or preference, domestic partner status, veteran or military status, in accordance with requirements of federal and state laws.



#### **PARTNERS**

- LA County Registrar
- Compton Magic
- Baby 2 Baby
- Social Justice Learning Institute
- Claris Health
- Reality Check
- Geri Smiles
- Vision to Learn

#### **FUNDERS**

LA County Department of Mental Health, LA County Department of Developmental Services, LA County Department of Probation, LA County Department of Substance Abuse Prevention and Control, and Specialty Family Foundation provide funding for behavioral health services and informational materials.

#### **CONTACT US**

SHIELDS for Families 11601 S. Western Ave Los Angeles, CA 90047 323-242-5000 info@shieldsforfamilies.org shieldsforfamilies.org



## BEHAVIORAL HEALTH SERVICES

# SUBSTANCE USE DISORDER

### **PROGRAMS**

#### Genesis

SHIELDS' Genesis Program serves adult parenting women with children 0-18 who have a short to moderate-term history of substance abuse. Services are provided in both English and Spanish. Outpatient and intensive outpatient.

 Heros & Sheros
 SHIELDS' Heros & Sheros Program serves any child or adolescent whose mother is enrolled in Genesis

Certification ID Number 190238FN. Certification Expiration Date 03/31/2023. Certified by CA Department of Health Care Services.

#### ARK

SHIELDS' ARK Program serves adults with substance use disorders who are part of the general community, General Relief (GR), AB 109 re-entry, or Drug Court programs. Additionally, Ark program serves adults with an open DCFS case, and adults on probation or parole. The Ark is certified by the California Department of Alcohol and Drug Programs (ADP) and is licensed to operate in the City of Lynwood.

Certification ID Number 190238CN. Certification Expiration Date 03/31/2023. Certified by CA Department of Health Care Services.

#### Revelation

SHIELDS' Revelation Dual Diagnosis program serves adolescents aged 12-20 who are experiencing both substance use and mental health disorders. Though the program accepts walk-in participants, most are referred directly from the Department of Probation. Revelation is certified by the California Department of Alcohol and Drug Programs (ADP) and is licensed to operate in the City of Compton.

Certification ID Number 190238DN, Certification Expiration Date 03/31/2023, Certified by CA Department of Health Care Services.

#### Place of Family

SHIELDS' Place of Family Program provides DUI, DV, and Anger Management Educational Services to individuals who are court-ordered to participate in diversion programs. Referrals are accepted from the Los Angeles Superior and Municipal Courts, Juvenile Dependency Court, the Los Angeles County Probation Department, the Department of Children and Family Services (DCFS), the California Department of Corrections and out-of-state entities.

#### **FUNDERS**

LA County Department of Mental Health, LA County Department of Developmental Services, LA County Department of Probation, LA County Department of Substance Abuse Prevention and Control, and Specialty Family Foundation provide funding for behavioral health services and informational materials.





### **SERVICES**

- Comprehensive Case Management
- Intakes & ASAM Assessments
- Individual, Group, & Family Counseling
- Life Skills Classes
- Educational & Vocational Services
- Early Recovery Classes
- Drug & Alcohol Education
- Drug & Alcohol Prevention
- Child Development & Parenting
- Urinalysis Testing

## **CONTACT US**

SHIELDS for Families 11601 S. Western Ave Los Angeles, CA 90047 323-242-5000 info@shieldsforfamilies.org shieldsforfamilies.org

SHIELDS for Families is an equal opportunity employer and does not discriminate on the basis of actual or perceived race, color, religion (religious dress or grooming practices), national origin (including language), ancestry, age (over 40), sex (including pregnancy, childbirth, breastfeeding or related medical conditions), gender identity or expression, physical disability, mental disability, medical condition (cancer related or genetic characteristics) genetic information, marital status, sexual orientation or preference, domestic partner status, veteran or military status, in accordance with requirements of federal and state laws.