

Do you need resources and support to help you stay at home?



One call to **Independence at Home (IAH)** connects people age 55+ and their caregivers to the information, resources and support they need:
1-866-421-1964



HOW CAN WE HELP YOU?



Long-Term Care Management

*Are you 65+, eligible for Medi-Cal and want to continue to live at home? Through our **MSSP Program***, we work to help you stay safely at home for as long as possible.*

* Must meet MSSP eligibility requirements



Community Health Education

Are you interested in learning about topics important to older adults and family caregivers? Our friendly Health Promotion Representatives offer a variety of classes on a weekly basis in-person, via Zoom or by phone.



Mental Health Assistance

*Are you 55+ and finding it hard to cope—or a caregiver to someone who is? Our **Insights Program** will connect you with a mental health professional you can talk with from the comfort of your home.*

MORE WAYS WE CAN HELP

- **Resource & Referral Line**
Connection to community services
- **Homeless Services**
Healthcare and housing coordination
- **Technology Support**
Basic education on cell phones, tablets, etc.
- **Caregiver Support**
Mental health and connection to community resources
- **Medication Education**
Information and tools to get the most out of your medications

WANT TO KNOW MORE ABOUT THE SERVICES WE OFFER?

Go online to independenceathome.org

Email us at communityoutreach@scanhealthplan.com



SCAN and Independence at Home comply with applicable federal civil rights laws and do not discriminate, exclude people or treat them differently because of race, color, national origin, age, disability or sex. If you speak a language other than English, free language assistance services are available to you; call 1-866-421-1964 (TTY/TDD: 711). MSSP is supported by state and federal funding administered by the California Department of Aging. Services are not available for SCAN Health Plan® members.