



JOIN US!

FREE EVENT

Los Angeles County Department of Mental Health is hosting “Take Action” events near you!

Come and enjoy:

- Free food, music & giveaways
- Free community resources
- Meditation, yoga & other wellness activities

Wednesday, May 14, 2025, 11 am - 3 pm

**Service Area 8
Los Angeles Harbor College
1111 Figueroa Place, Wilmington**



IN PARTNERSHIP WITH:



WELLNESS • RECOVERY • RESILIENCE

For ADA accommodations, community members should reach out to:

Email: ADA@dmh.lacounty.gov

Phone: (213) 943-8120
(213) 947-6837

Check out all events at www.takeactionla.com