

Concerned About Your Memory? *Let's Talk.*



A welcoming place for
LGBTQ+ older adults
experiencing memory changes.

♥ Forgetting names? | ♥ Losing track of conversations? | ♥ Feeling like something isn't quite right?

Whether it's stress, aging, Mild Cognitive Impairment (MCI), or early dementia—
you don't have to figure it out alone.

WE'RE HERE TO LISTEN AND HELP.



Free, confidential
consultations



Emotional
support



Education about
memory concerns



Care
planning



Referrals & connections
to LGBTQ+ friendly
resources and support
groups



Serving LGBTQ+ older adults,
partners, families, and chosen families.

You're not alone. ♥
Support is here.



Reach out today.

You don't need a diagnosis
to get support.



844-435-7259



help@alzla.org



Scan to learn
more or get
connected.