

# Food Bank Guide



Agency	Address and Contact	Time and Requirements	SPA
<a href="#">NOLP Wesley Health Centers</a>	45104 10 <sup>th</sup> Street West Lancaster, CA 93534 (213)201-1433	<b>Must be HIV+ to enroll in the program.</b> Every Thursday from 9am – 12pm and 1pm – 3pm.	1
<a href="#">Shekinah Worship Center</a>	42640 10 <sup>th</sup> Street West Lancaster, CA 93534 (661) 940-8378	Distribution on the 4 <sup>th</sup> Saturday of each month from 9:00am – 12:00pm.	1
<a href="#">United Methodist Church</a>	918 West Avenue J Lancaster, CA 93534 (661) 942-0419	Lunch is provided every Monday and Thursday from 12pm – 1pm (meals to go only).	1
<a href="#">Grace Resource Center</a>	45134 Sierra Highway Lancaster, CA 93534 (661) 940-5272	<b>Must provide picture ID.</b> Distribution: Tuesday, Wednesday, and Thursday from 10am - 10:30am until supplies last. Drive-thru distribution: Tuesday and Thursday from 1pm - 1:30pm. Hot meals: every Tuesday, Wednesday, Thursday at 5:30pm - 6pm Lunch: Sunday 1pm - 1:30pm until supplies last.	1
<a href="#">Antelope Valley Partners for Health</a>	858 West Jackman Street Lancaster, CA 93534 (661) 942-4719	Food pantry every 2 <sup>nd</sup> and 4 <sup>th</sup> Friday from 8am – 11am.	1
<a href="#">South Antelope Valley Emergency Services</a>	1002 Avenue Q-12 Palmdale, CA 93550 (661) 267-5191	<b>Must provide picture ID, proof of income, and address.</b> Distribution Monday-Thursday from 10am – 3pm.	1
<a href="#">NOLP North Hollywood</a>	7336 Bellaire Avenue North Hollywood, CA 91605 (213) 201-1433	<b>Must be HIV+, can enroll on site with photo ID and diagnosis. *An HIV medication can be used as proof of diagnosis.</b> Open every Thursday from 10am - 12pm/ 1pm- 5pm. The 3 <sup>rd</sup> Thursday of the month from 10am - 12pm and 1pm - 3pm.	2
<a href="#">Our Redeemer Lutheran Church Pantry</a>	20025 Chase Street Winnetka, CA 91306 (818) 341-3460	<b>Must provide any picture ID.</b> Grocery distribution on Thursdays from 11:30 am – 1 pm. A hot lunch is served at noon.	2

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<a href="#">North Hollywood Interfaith Food Pantry</a>	11634 Moorpark Street Studio City, CA 91604 (818) 760-3575	<b>Drive – thru and walk – ins welcome.</b> Distribution on Monday and Friday from 7:30am – 11am.	2
<a href="#">(MEND) Meet Each Need with Dignity</a>	10641 North San Fernando Road Pacoima, CA 91331 (818) 896-0246	<b>Bring any form of identification. Open to the public, walk – ins are welcome.</b> Distribution every Wednesday, and Friday from 9am – 12pm and every 1 <sup>st</sup> Saturday of the month 9am – 12pm. (Buen Provecho) every 3 <sup>rd</sup> Saturday from 9am – 12pm.	2
<a href="#">Santa Clarita Valley Food Pantry</a>	24133 Railroad Avenue Newhall, CA 91321 (661) 255-5001	<b>Santa Clarita residents only - must provide ID.</b> For distribution every Monday from 11am – 2pm, Tuesday and Thursday from 9am – 12pm, Wednesday from 2pm – 7pm, and Saturday from 9am – 12pm.	2
<a href="#">Catholic Charities of LA</a>	21600 Hart Street Canoga Park, CA 91303 (213) 251-3549	<b>Must provide proof of income, proof of address, photo ID, and birth certificates of the children in the home.</b> Distribution on Monday, Wednesday, and Friday from 9am – 12pm. Monday – Friday 9am – 1pm (bread only)	2
<a href="#">West Valley Food Pantry</a>	5700 Rudnick Avenue Woodland Hills, CA 91367 (818) 346-5554	<b>Must provide ID. If there is no address on the picture ID, bring a utility bill with the address.</b> Distribution every Monday - Thursday from 9am - 1pm and Friday from 9:30am – 12pm.	2
<a href="#">Making It Happen Inc.</a>	9666 Foothill Place Sunland, CA 91342 (818) 398-6232	<b>Open to the public.</b> Drive-thru distribution on Saturdays from 1:15pm-2:15pm until supplies last. Healthy, fresh, and frozen food for individuals and families. Free Holiday meals (Thanksgiving, Christmas & Easter).	2
<a href="#">Salvation Army Glendale</a>	320 West Windsor Glendale, CA 91204 (818) 246-5586	<b>New Applicants should bring their photo ID, proof of residency in City of Glendale and income verification.</b> Distribution on Monday – Friday from 1pm - 4pm.	2
<a href="#">Catholic Charities of LA San Juan Diego Community Services Center</a>	4171 North Tyler Avenue El Monte, CA 91731 (626) 575-7652	<b>Must provide photo ID.</b> Distribution on Monday – Friday from 9am – 12pm.	3

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<a href="#">NOLP</a> <b>Pomona</b>	436 West 4 <sup>th</sup> Street, Suite 100 Pomona, CA 91766 (213) 201-1433	<b>Must be HIV+, can enroll on site with photo ID and diagnosis.</b> Distribution every 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday from 2pm – 4pm.	3
<b>St. Andrew Catholic Church</b>	140 Chestnut Street Pasadena, CA 91103 (626) 792- 4183	<b>Must provide photo ID.</b> Distribution for Seniors on Wednesdays from 9:30am – 10:30am. For families on Saturdays 7:30am – 10:30am.	3
<b>NOLP</b> <b>Pasadena Wesley Health Center</b>	1845 North Fair Oaks Avenue Pasadena, CA 91103 (213) 201- 1433	<b>Must be HIV+ to enroll in the program.</b> Every Friday from 9am – 12pm and 1pm – 3pm.	3
<a href="#">Foothill Unity Center</a> <b>Monrovia</b>	790 West Chestnut Avenue Monrovia, CA 91016 (626) 358-3486	<b>Must provide picture ID, 2 utility bills, proof of income (within the current year). Unless no income, must fill out a no income form. If children are present, medical card can be presented.</b> Distribution on Monday, Wednesday, and Friday from 9am - 11:30am.	3
<a href="#">Shepherd's Pantry</a> <b>Irwindale</b>	1418 Arrow Highway Irwindale, CA 91706 (626) 305-0392	<b>Must provide picture ID and proof of residency. If children are present, must provide picture ID.</b> Distribution every Tuesday from 4pm - 7pm, Participant may only pick up food 3 times a month in any of the Shepherd's Pantry locations. If homeless, every Monday, Wednesday, and Friday from 10:30am – 11:30am.	3
<a href="#">Salvation Army</a> <b>Pasadena Tabernacle</b>	960 East Walnut Street Suite 102 Pasadena, CA 91106 (626) 773-4404	<b>Must provide ID, proof of address near service area (Pasadena, South Pasadena, Altadena, Sierra Madre, and San Marino), and proof of income.</b> Monday, Wednesday, and Friday from 9am- 11:30am. Tuesday and Thursday for housed individuals and families by appointment from 9am – 11:45am.	3
<a href="#">Shepherd's Pantry</a> <b>Glendora</b>	657 East Arrow Highway Suite J Glendora, CA 91740 (626) 852-7630	<b>Must be Los Angeles County resident and provide picture ID.</b> Distribution every Wednesday and Thursday from 5pm - 7pm. Participant may only pick up food three times a month in any of the Shepherd's Pantry locations.	3

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<a href="#">Foothill Unity Center</a> Pasadena	191 North Oak Avenue Pasadena, CA 91107 (626) 584-7420	Registration required by email at <a href="mailto:info@foothillunitycenter.org">info@foothillunitycenter.org</a> or call (626) 358-3486. Must provide picture ID, 2 utility bills, proof of income (within the current year). Unless no income, must fill out a no income form. If children are present, medical card can be presented. Drive-thru or walk- in distribution Tuesday, Wednesday, and Friday from 9am - 11:30am.	3
<a href="#">Friends In Deed</a>	444 East Washington Boulevard Pasadena, CA 91104 (626) 797-2402	Must provide photo ID. 1 time per week for food. Distribution every Tuesday and Wednesday from 10am – 3pm. Thursday from 10am – 1pm.	3
<a href="#">San Gabriel Mission Food Pantry</a>	428 South Mission Drive San Gabriel, CA 91776 (626) 457-3035	Must provide ID for the first time. Distribution every 2 <sup>nd</sup> and 4 <sup>th</sup> Sunday from 7am – 9am. Drive thru only.	3
<a href="#">L.A Regional Food Bank</a>	1441 Santa Anita Avenue South El Monte, CA 91733 (626) 575-5431	Distribution once a month by appointment only. Typically, Mondays 2pm – 4pm and Tuesdays 9:30am – 12 and 2pm – 4pm.	3
<a href="#">The Dream Center Mobile Food Bank</a> Gratt's EEC	500 South Bixel Street Los Angeles, CA 90017 (213) 273-7014	Distribution on Tuesdays from 10:30am – 11:30am.	4
<a href="#">The Dream Center Mobile Food Bank</a> Edgeware	353 East Edgeware Road Los Angeles, CA 90026 (213) 273-7014	Distribution on Tuesdays from 10:30am – 11:30am.	4
<a href="#">The Dream Center Mobile Food Bank</a> William Mead	281 East Bloom Street Los Angeles, CA 90012 (213) 273-7014	Distribution on Tuesdays from 2:30pm – 3:30pm.	4
<a href="#">The Dream Center Mobile Food Bank</a> Bonnie Brae	273 Bonnie Brae Los Angeles, CA 90057 (213) 273-7014	Distribution on Tuesdays from 10:30am – 11:30am.	4
<a href="#">The Dream Center Mobile Food Bank</a> MacArthur Park	650 South Park View Street Los Angeles, CA 90057 (213) 273-7014	Distribution on Wednesdays from 2:30pm - 3:30pm.	4
<a href="#">The Dream Center Mobile Food Bank</a> Lincoln Park	3457 North Mission Road Los Angeles, CA 90031 (213) 273-7014	Distribution on Fridays from 10:30am – 11:30am.	4
<a href="#">Catholic Charities of LA</a> Brownson House Community Services Center	1307 Warren Street Los Angeles, CA 90033 (213) 251-3512	Must provide photo ID. Distribution every Monday – Friday from 9am – 1pm.	4

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<a href="#">The Dream Center</a> <b>Mobile Food Bank</b> <b>1<sup>st</sup> and Chicago</b>	205 South Chicago Street Los Angeles, CA 90033 (213) 273-7014	Distribution on Thursdays from 10:30am – 11:30am.	4
<a href="#">Downtown Women's Center</a>	442 South San Pedro Street Los Angeles, CA 90013 (213) 213-2874	Breakfast is served every day from 7:30am – 8:30am. Lunch is served every day from 11:30am - 12:30pm except Thursdays, Thursdays lunch is 11am- 12pm. Afternoon snacks served at 2pm – 2:30pm. No snacks are served on Thursdays.	4
<a href="#">NOLP</a> <b>The David Geffen</b>	611 South Kingsley Drive Los Angeles, CA 90005 (213) 201-1433	<b>Must be HIV+, can enroll on site with photo ID and diagnosis form.</b> Every Wednesday and Friday 10am – 12pm and 1:30pm – 5pm. Closed on the first Friday of the month.	4
<a href="#">The Dream Center</a> <b>Mobile Food Bank</b> <b>Hoover</b>	2680 James M Wood Boulevard Los Angeles, CA 90006 (213) 273-7014	Distribution on Wednesdays from 10:30am – 11:30am.	4
<a href="#">The Dream Center</a> <b>Mobile Food Bank</b> <b>Hollywood</b>	5601 Virginia Avenue Hollywood, CA 90038 (213) 273-7014	Distribution on Fridays from 2:30pm – 3:30pm.	4
<a href="#">NOLP</a> <b>Wesley Health Centers - Vermont</b>	954 North Vermont Avenue Los Angeles, CA 90029 (213) 201-1433	<b>Must be HIV+, can enroll on site with photo ID and diagnosis.</b> Every Wednesday 9am – 12pm and 1pm – 3pm	4
<a href="#">St. James Episcopal Church</a>	3903 Wilshire Boulevard Los Angeles, CA 90010 (213) 388-3417	<b>Must provide photo ID.</b> Hot meals available on Tuesdays from 4:30pm – 6:30pm and Fridays from 3pm – 5pm. Breakfast and lunch on Saturdays from 9am – 1pm. Food pantry is available on Thursday from 8am – 9am. Breakfast and clothes available on Saturday from 9am – 1pm.	4
<a href="#">Silverlake Community Church</a>	2930 Hyperion Avenue Los Angeles, CA 90027 (323) 663-3151	<b>Must provide an ID</b> Distribution every Wednesday from 5:00pm – 6:30pm as well as distribution of clothing and hygiene accessories	4
<b>Wilshire Presbyterian Church</b>	309 South Oxford Avenue Los Angeles, CA 90020 (213) 387-5387	<b>Must provide an ID.</b> Distribution every Monday from 8:30am – 10am.	4
<a href="#">The Dream Center</a> <b>Mobile Food Bank</b> <b>Estrada Courts</b>	3232 Estrada Street Los Angeles, CA 90023 (213) 273-7014	Distribution on Fridays from 10:30am – 11:30am.	4

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<a href="#">St. Francis Center</a>	1835 South Hope Street Los Angeles, CA 90015 (213) 747-5347	<b>Must Register before visiting. Must provide proof of address.</b> Distribution every Wednesday, Thursday, and Saturday from 11am – 12:30pm. For seniors (65+), Friday from 11am – 12:30pm. Breakfast program: Monday-Friday from 7:30am-8:30am and Saturday from 8:30am-9:30am. Pantry program: every Thursday at 1pm.	4
<a href="#">Manos Que Sobreviven</a>	2930 North Fletcher Drive Los Angeles, CA 90065 (323) 561- 5504	Food distribution every Wednesday from 12pm until supplies last.	4
<a href="#">The Dream Center Mobile Food Bank Drew St</a>	3135 Drew Street Los Angeles, CA 90065 (213) 273-7014	Distribution on Wednesdays from 10:30am – 11:30am.	4
<a href="#">Hollywood Lutheran Church</a>	1733 North New Hampshire Ave Los Angeles, CA 90027 (323) 667-1212	<b>Bring ID if possible.</b> Distribution is every Wednesday from 10:30am – 1pm.	4
<a href="#">Centro Maravilla</a>	4716 East Cesar Chavez Avenue Los Angeles, CA 90022 (323) 260-2804	<b>Must live around the service area. Must schedule an appointment to pick up once a month on Monday afternoon or Tuesday morning/afternoon.</b> To make an appointment, call Friday from 8:30am – 3:30pm.	4
<a href="#">Immanuel Presbyterian Church</a>	663 South Berendo Street Los Angeles, CA 90005 (213) 389-3191	<b>No requirements needed.</b> Distribution and Ready to Eat meals every Wednesday, and Friday from 9am – 12pm.	4
<a href="#">Community Space Food Bank</a>	3615 Beverly Boulevard Los Angeles, CA 90004 (213) 419-5435	<b>For food and clothes distribution typically they ask for 0.25c to \$1 donation but is not required.</b> Distribution for food and clothes Monday - Friday 7am – 7pm. Saturday 10am-4pm and Sunday 12pm-4pm.	4
<a href="#">Venice Food Drive</a>	415 East Indiana Center Venice, CA 90291	Every Monday from 1:30pm – 3pm and Saturday from 1pm – 3pm. *Closed the 1 <sup>st</sup> & 3 <sup>rd</sup> Saturday of the month.	5
<b>Catholic Charities</b>	211 3 <sup>rd</sup> Avenue Venice, CA 90291 (310) 318-5756	Breakfast distribution every Saturday from 9am – 11am.	5

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<b>The Bible Tabernacle</b>	1761 Washington Way Venice, CA 90291 (310) 821-6116	Distribution on Monday, Wednesday, and Friday from 9:30am – 11am.	5
<a href="#">Turning Point Food Drive</a>	3756 Santa Rosalia Drive Suite #617 Los Angeles, CA 90008 (323) 296-1840	Distribution on 2 <sup>nd</sup> and 4 <sup>th</sup> Fridays from 12pm - 1pm or until supplies last.	6
<a href="#">The Dream Center Mobile Food Bank Restoration LA</a>	4409 West Adams Boulevard Los Angeles, CA 90016 (213) 273-7014	Distribution on Wednesdays from 2:30pm – 3:30pm.	6
<a href="#">St. Agnes Parish</a>	2625 South Vermont Avenue Los Angeles, CA 90007 (323) 731-2464	<b>For first time, please bring ID.</b> Distribution every Tuesday at 8am – 10am.	6
<a href="#">NOLP Oasis (MLK Medical Campus)</a>	1679 East 120 <sup>th</sup> Street Los Angeles, CA 90059 (213) 201-1433	<b>Must be HIV+ to enroll in the program.</b> Distribution every Thursday from 10am – 12pm and 1:30pm – 4pm. The 3 <sup>rd</sup> Thursday of the month from 10am – 3pm.	6
<a href="#">The Dream Center Mobile Food Bank Nickerson Gardens</a>	1500 East 112 <sup>th</sup> Street Los Angeles, CA 90059 (213) 273-7014	Distribution on Tuesdays from 2:30pm – 3:30pm.	6
<a href="#">The Dream Center Mobile Food Bank Gilbert Lindsay</a>	430 East 41 <sup>st</sup> Place Los Angeles, CA 90011 (213) 273-7014	Distribution on Thursdays from 10:30am - 11:30am.	6
<a href="#">All Peoples Community Center</a>	822 East 20 <sup>th</sup> Street Los Angeles, CA 90011 (213) 747-6357	<b>Must provide an ID, proof of income and proof of address.</b> Every Friday from 9:30am – 1:00pm. Bring your own bag. Please call for more information or visit <a href="http://allpeoplescc.org">allpeoplescc.org</a>	6
<a href="#">Paramount Care Foundation</a>	8206 Alondra Boulevard Paramount, CA 90723 (562) 272-4962	Distribution every Friday from 8am – 10am.	6
<a href="#">Shields for Families Social Service Agency</a>	11705 Deputy Yamamoto Place Lynwood, CA 90262 (323) 242-5000	Walk up and drive-thru food distribution every Thursday from 9am - 2pm, arrive early.	6

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<a href="#">First African American Methodist (FAME)</a>	2249 South Harvard Boulevard Los Angeles, CA 90018 (323) 735-1251	Distribution every 4 <sup>th</sup> Saturday from 9am – 12pm.	6
<a href="#">St. John's Cathedral</a>	514 West Adams Boulevard Los Angeles, CA 90007 (213) 747-6285	Distribution every 3 <sup>rd</sup> Saturday from 8:30am – 10:30am.	6
<a href="#">Central City Neighborhood Partners</a>	501 South Bixel Street Los Angeles, CA 90017 (213) 482-8618	<b>First come first serve basis, no requirements needed.</b> Food bank distribution every Thursday from 10am – 1pm.	6
<a href="#">Gospel Mission Baptist Church</a>	7301 South Avalon Boulevard Los Angeles, CA 90003 (323) 759-8087	Distribution every Wednesday from 11am - 12pm.	6
<b>Building Plus Community Marketplace, Inc</b>	1686 E. 103 <sup>rd</sup> Street Los Angeles, CA 90002 (323) 945-9210	Every 2nd and 4th Friday of the month. 10am- 1pm <b>Advised to line up as early as 7am because they have a number system.</b>	6
<b>Iglesia Macedonia Defenders of the Christian Faith</b>	9228 South Central Avenue Los Angeles, CA 90002 (323) 915-5533	Every 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday from 6pm-7:30 pm and every 2 <sup>nd</sup> and 4 <sup>th</sup> Sunday from 1pm-2:30pm	6
<a href="#">Aaron Community Cultural Center (ACCC)</a>	1010 West 108 <sup>th</sup> Street, #B Los Angeles, CA 90044 (310) 977-2053	<b>Drive-thru: groceries for families</b> Tuesdays from 10am – 12pm	6
<a href="#">Shields for Families</a>	11705 Deputy Yamamoto Place Lynwood, CA 90262 (323) 242-5000	Distribution on Thursdays from 10am-2pm.	6
<a href="#">Salvation Army – South LA</a>	7651 South Central Avenue Los Angeles, CA 90001 (323) 587-4221	<b>Must provide ID and proof of mailing address with their name on it.</b> Distribution Mondays 2:15-3:40pm, Wednesdays 10am-3:40pm (lunch from 1-2pm) and Fridays 10am- 12:40pm	6
<a href="#">Iglesia Misionera Jesucristo Es Dios</a>	2801 Los Flores Boulevard Lynwood, CA 90262 (424) 406-2208	Distribution on Fridays 8am-11am	6
<b>Watts Community Care</b>	700 Laurel Street Compton, CA 90221 (323) 319-8691	<b>Walk-up and Drive-thru</b> Every Thursday from 9am-11am.	6
<a href="#">Catholic Rainbow Outreach</a>	11419 Carmenita Road Whittier, CA 90605 (562) 781 – 8247	Distribution every Tuesday, Wednesday, Thursday and Friday from 11am – 11:30am. Every Saturday at 10:30am – 11:30am.	7

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<a href="#">The Dream Center Mobile Food Bank Pueblos</a>	1714 East 54 <sup>th</sup> Street Los Angeles, CA 90058 (213) 273-7014	Distribution on Fridays from 2:30pm – 3:30pm.	7
<a href="#">Mexican- American Opportunity Fouzndation</a>	401 North Garfield Avenue Montebello, CA 90640 (323) 278-3628	<b>Must provide photo ID.</b> Distribution every Thursday from 8am – 12pm or until food runs out.	7
<a href="#">Hawaiian Gardens Food Bank</a>	22121 Norwalk Boulevard Hawaiian Gardens, CA 90716 (562) 860-9097	<b>Must be a resident in the service area</b> Distribution every Tuesday, Wednesday, and Thursday from 10am – 3pm.	7
<b>Centro Cristiano Manantial De Vida</b>	10035 Washington Street Bellflower, CA 90706 (562) 481-1642	Distribution every 2 <sup>nd</sup> Monday of the month from 6pm – 6:40pm or until supplies last.	7
<a href="#">St. Margaret's Center</a>	10217 Inglewood Avenue Lennox, CA, 90304 (310) 672-2208	<b>Must be a resident in the service area. Must call and schedule an appointment and register.</b> Distribution is Tuesday – Friday from 1pm – 4pm by appointment only. Sack lunches and hygiene supplies for homeless Monday - Friday 9am – 12pm. Senior food program every 3 <sup>rd</sup> Thursday of the month.	8
<a href="#">NOLP AIDS Food Store in Long Beach</a>	590 East Willow Street Long Beach, CA, 90806 (562) 676-4554	<b>Must be HIV+ to enroll in the program.</b> Distribution every Tuesday from 9am – 3pm. (Closed for lunch 12pm – 1pm)	8
<a href="#">Beacon Light Mission</a>	525 Broad Avenue Wilmington, CA 90744 (310) 830-7063	<b>Must attend Chapel before 7pm to participate.</b> Dinner is served 7 days a week at 7:45pm.	8
<a href="#">First United Methodist Church</a>	1551 El Prado Avenue Torrance, CA 90501 (310) 328-3242	Food box distribution every 4 <sup>th</sup> Saturday from 11am – 12pm until supplies last.	8
<a href="#">Grant A.M.E Church</a>	1129 Alamitos Avenue Long Beach, CA 90813 (562) 437-1567	Distribution every Wednesday from 9am – 12pm.	8
<b>San Pedro Service Center</b>	769 West 3 <sup>rd</sup> Street San Pedro, CA 90731 (310) 519-6091	Distribution on Mondays from 2pm – 4pm, Tuesdays from 9:30am – 12pm and 2pm – 4pm.	8

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<a href="#">Help Me Help You Oropeza Elementary School</a>	700 Locust Avenue Long Beach, CA 90813 (562) 612-5001	Distribution every 2nd and 4th Friday from 11:30am – 12:30pm.	8
<a href="#">Help Me Help You MOLAA Museum</a>	628 Alamitos Avenue Long Beach, CA 90802 (562) 612-5001	Enter 6 <sup>th</sup> Street. Distribution every 1 <sup>st</sup> and 3 <sup>rd</sup> Wednesday from 4pm – 5pm.	8
<a href="#">Harbor Interfaith Services</a>	670 West 9 <sup>th</sup> Street San Pedro, CA 90731 (310) 831-9123	<b>Must provide photo ID for every attending member, proof of income, residency for the first time.</b> Distribution on Monday – Friday from 9am – 4:45pm.	8
<a href="#">Light and Life Christian Fellowship</a>	5951 Downey Avenue Long Beach, CA 90805 (562) 630-6074	<b>To participate for grocery, register <a href="http://www.llcf.org">www.llcf.org</a>.</b> Distribution every Wednesday from 10am – 12pm. Must register by Thursday. Free Farmers Market every 2 <sup>nd</sup> Saturday from 10am – 12pm	8
<a href="#">Christian Outreach in Action</a>	515 East 3 <sup>rd</sup> Street Long Beach, CA 90802 (562) 432-1440	<b>Must provide ID.</b> Distribution every Monday, Tuesday, Thursday, and Friday from 10am – 12pm. Seniors (55+) only on Wednesday from 10am – 12pm.	8
<a href="#">Toberman Neighborhood Center</a>	131 North Grand Avenue San Pedro, CA 90731 (310) 832-1145 ext. 168 or 106	<b>For the food pantry and delivery program you must call to register and provide proof of address, proof of income, and photo ID.</b> Daily Grab and Go meal program provide nutritious meals every weekday, Monday - Friday, from 3:30 p.m - 5:00 p.m.	8