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Promise Health Plan

Community Resource Center

# Living with Heart Failure



Heart failure occurs when the heart cannot pump blood as well as it should. Heart failure can cause shortness of breath, fatigue, leg swelling, and other symptoms. Heart failure symptoms can be mild to severe. Safe and effective treatments exist. Join us as we discuss diet, lifestyle, medication treatment, and self-care tips to help relieve symptoms and live well.

**To register, call:**

**Join us:**

Medi\_24\_117\_LA\_IA030424

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